

Back to the Basics – Part IV

Prayer Tips - Pray the gift of a blessing

B - BODY

Pray for their physical health, their safety, and protection from harm in their workplaces or schools or training rooms. Pray for their participation in physical activities such as sporting events or outdoor activities. Pray for their time on the road whether it is going to and from their work or school or whether they are going on a trip.

Pray that the evil one does not use illness or injury to cause them to doubt or question God.

L - LIVELIHOOD

Pray for their jobs, the decisions they make and the lives they interact with during their day in their workplace or school. If they are going to school or are taking training, pray for their training and the need to focus, prepare, and participate. Pray for their finances and their financial decision-making skills.

Pray that the evil one does not use temptation to put them in bad financial situations.

E - EMOTIONS

Pray for their happiness. Pray that their day is not overwhelming such that it takes away from their rest and leisure. Pray that if they experience sadness, loneliness or self doubt that they seek out someone who is a positive influence. Pray that the Holy Spirit reminds them of God's presence and His desire to comfort them.

Pray that the evil one does not use busyness to drain their physical and emotional health.

S - SOCIAL

Pray for their relationships and friendships. Pray they can be a positive influence on those they interact with and that they use both heart and mind when choosing friends or places to hang out. Pray they make appropriate choice when seeking entertainment and leisure activities including what they watch and read and places they choose for entertainment.

Pray the evil one does not use their friends to place them in situations or circumstances they should not be.

S - SPIRITUAL

Pray for their spiritual health and growth. Pray that the Holy Spirit seeks them out to reveal the truth and that they respond to the calling and decide to follow Christ. Pray the Holy Spirit uses someone or something to provoke thoughts or questions about God.